


# Feelings chart

Use this chart to identify and talk about feelings you and your child might have.



HAPPY




ANGRY



SCARED



DISAPPOINTED



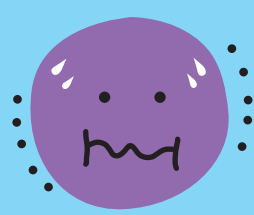
JEALOUS



SURPRISED



EXCITED




NERVOUS




SAD



LONELY



EMBARRASSED



BORED